



# HEALTHY SPORTING CLUB PROGRAM



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## Healthy Sporting Clubs – Example budget

Healthway has partnered with the WA School Canteen Association Inc. (WASCA) to offer up to \$4,000 to Western Australian sporting clubs competing in a recognised competition over the 2019/2020 summer season to improve the club nutrition environment. Clubs can only spend funds on items that have been listed in their application.

Consider the following examples to assist with your application, however, accurate quotations will need to be obtained. To maximise the grant, include items from each of the following categories:

Nutrition Initiative	Description	Cost \$\$
Club owned canteen equipment. For example: <ul style="list-style-type: none"> <li>• Display fridge for sandwiches and fruit</li> <li>• Sandwich press</li> <li>• Apple slicer machine</li> <li>• Blender for smoothie/soup</li> <li>• Kitchen aprons</li> </ul>	1 x Vitamix blender (commercial)	\$1,100
	1 x popcorn maker	\$40
	1 x professional cutting boards – 5 colours	\$19
	1 x cutting board rack (holds 5)	\$24
	<b>Nutrition Initiative Total</b>	<b>\$1,183</b>

Hydration Initiative	Description	Cost \$\$
For example: <ul style="list-style-type: none"> <li>• Water bubbler</li> <li>• Water bottles and carriers</li> </ul>	100 x water bottles – Fuel to Go & Play logo	\$450
	1 x water bubbler (plumbed in)	\$1,600
<b>Hydration Initiative Total</b>	<b>\$2,050</b>	

Education Initiative	Description	Cost \$\$
Including food service and nutrition education. For example: <ul style="list-style-type: none"> <li>• Nutrition seminar</li> <li>• Additional login access for Fuel to Go &amp; Play training</li> <li>• Food safety and hygiene training</li> </ul>	1 x nutrition seminar for members; tailored to children and/or adults (contact WASCA for a specific quotation)	\$650
	2 x Food safety & hygiene online training (EHA approved)	\$70
	2 x Canteen-specific financial management workshop (provided by WASCA)	\$40
<b>Education Initiative Total</b>	<b>\$760</b>	

<b>Total Requested</b>	<b>\$3,993</b>
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Further information and grant application instructions can be found on the Healthway [website](#).

**Applications have been extended** and will close COB on **Friday 11 October, 2019**.

Please direct any further questions to Cassandra Bordin at WASCA via [email](#) or call 08 9264 5320.