

BEANS IN A BUN



Traffic light category: **Green**

Serves: 10

Ingredients

- 10 Small bread rolls
- 1 Kilo Baked beans
- 300g Reduced fat cheese, grated

Method

1. Cut a hole from the top of each roll, scoop out the centre
2. Fill each roll with beans
3. Top with grated cheese
4. Place in pie warmer and heat through
5. Serve in a cardboard serving tray with a fork

Freeze the inside of
the roll for
breadcrumbs or
croutons at a later
date.

*Recipe adapted with permission from the
Western Australian School Canteen Association Inc.*

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