

Extra Time - No Food Service



Congratulations!

It's a great first step to recognise that even without a canteen, your club is committed to promoting healthy eating.

We will help share your achievements through media releases, social media posts, and a recognition certificate.



Rewards

There are many different rewards available, it just depends on what suits your club!

✓ Water bottles

✓ Caps

✓ Aprons

✓ Bright bunting

✓ Healthy eating booklets



Other resources can be developed for your club too!

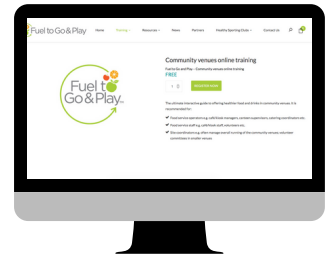
Steps for Accreditation

- ✓ Complete online training
- ✓ Healthy food and drink pledge
- ✓ Environmental strategies
- ✓ Menu review (optional)

Step 1: Complete online training

Fuel to Go & Play® Club official and stakeholder training is **FREE** and will take roughly 1-2 hours to complete. The training can be accessed through the [Fuel to Go & Play® training site](#).

By being part of the accreditation program, you will also have **FREE** access to food safety and hygiene training, as well as [All About Allergens](#) training.



Step 2: Healthy food and drink pledge

Making a pledge to offer and promote healthier food and drinks is a great place to start for any club or venue. You can write a pledge yourself or use our simple [pledge template](#).



Step 3: Environmental strategies (choose a minimum of three)



Marketing

- No unhealthy 'red' food or drink promotions or advertising
- Healthy food and drink posters are displayed
- Water promoted as the best hydration option
- Using your clubs social media to promote healthy fuelling before events
- Sharing nutrition information in club newsletters or on social media (we can provide you with this)

Let us know if you have other environmental strategies in mind!

Menu

- Free tap water available
- If drinks are offered, water is promoted and cheaper than other drinks
- Half-time snacks are fruit only
- Ensure coaches implement regular hydration breaks during training
- Fruit and/or vegetables are available at events/carnivals
- Healthy options available at special events
- Implement a healthy morning tea roster



Step 4: Menu review (optional)

If you have a menu of some description, we would love to review it! Send us your current offerings and we will help with some healthy suggestions.